

8 WEEKS TO A SLIMMER YOU!

Get the body you want with our targeted **detoxifying** and **cellulite-busting** products.

Your daily programme

IN THE MORNING:

- Take 1-2 **Cellulite Control Vegicaps**
- Shower using the **Detoxifying Body Wash**
- Stimulate skin using the **Lipo Target Massager**
- Once dry, apply the **Upper Arm & Leg Contour Gel**

IN THE EVENING:

- Enjoy a bath using the **Cellulite Control Bath Crystals**
- After your bath, dry body brush using the Sh'Zen **Skin Stimulator**
- Finally, massage in the **Deep Tissue Anti-Cellulite Oil**

Follow this programme daily for two weeks then break for 3-4 days before continuing again. Do the above for a total of 1-2 months (8 weeks) depending on your individual needs.

NOTE: Programme not suitable for anyone with kidney-related diseases or epilepsy, or for women who are pregnant or breastfeeding.

